

Can I trust the Bible...?



exploring doubts & finding faith



Can I Trust the Bible? — Week 1

Why the Bible Still Matters

Big Idea:

You don't have to believe the Bible is true before you read it. Read it to discover if it's credible —and worth hearing what God says.



INTRO (5 min)

Opening Thought:

If Jesus had Instagram or TikTok, would you follow Him? You can—through His words already written down.

Warm-Up Questions:

- What's your earliest memory of a Bible?
 - What feelings come up when you think about reading it now?
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SCRIPTURE & DISCUSSION (25 min total)

Leader Tip: Have a different person read each passage out loud before you discuss it. Encourage everyone to listen for a word or phrase that stands out.



1 — 2 Timothy 3:16–17 (Read aloud)

“All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness...”

Ask:

- What word or phrase catches your attention?
 - How might Scripture “equip” you in real life?
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📖 2 — Hebrews 4:12 (Read aloud)

“For the word of God is living and active...”

Ask:

- How is this description different from how most people view the Bible?
 - When has something you read—or heard from Scripture—hit close to home?
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📖 3 — Psalm 119:105 (Read aloud)

“Your word is a lamp to my feet and a light to my path.”

Ask:

- When have you needed direction?
 - How could daily reading bring clarity in moments like that?
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🔴 GROUP DISCUSSION (10 min)

- What myths or doubts about the Bible have you heard from friends or media?
 - Rich mentioned “secondhand faith.” What would change if you read Scripture firsthand?
 - “You don’t read something because you already believe it’s true; you read it to find out.” How does that reshape your approach?
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🟠 APPLICATION & COMMITMENT (5 min)

Challenge:

In 2026, our whole church will read through the New Testament together using one dated Bible —with a reading for every single day (Jan 1, Jan 2, etc.).

Ask:

- When and where could you read daily?
- What could help you stay consistent—a reminder, a reading partner, or journaling a short takeaway?

Commit:

Decide tonight to order the same Bible and start January 1.

