

Check Your Heart – Part 2 | Group Discussion Guide

Week 2: Where Is Your Heart Going

Last week, we learned that our words reveal what is stored in our hearts. This week, Jesus pushes the conversation deeper by showing us that our appetites, attention, and treasure also reveal the direction of our hearts. This discussion is designed to help us slow down, listen to Jesus, and honestly examine where our hearts are headed.

Treasure and the Direction of the Heart

Read Matthew 6:19–21 (NLT)

1. According to Jesus, what comes first—our heart or our treasure?
2. Why is it easy to assume our treasure follows our heart, when Jesus says the opposite?
3. How have you seen your attention or concern increase after you invested time, money, or energy into something?

Attention, Focus, and What We Look At

Read Matthew 6:22–23 (NLT)

4. What does Jesus mean when He says the eye is like a lamp for the body?
5. How does what we focus on shape the direction of our lives?
6. Where do you notice your attention naturally drifting these days?

Who or What Is on the Throne?

Read Matthew 6:24 (NLT)

7. Why do you think Jesus identifies money as the primary competitor for our hearts?
8. What does it mean to serve something rather than simply use it?
9. How can money subtly move from being a tool to becoming a master?

Trust, Surrender, and Open Hands

10. Why is trust such a central issue when it comes to generosity and obedience?
11. What makes it difficult to live with open hands instead of clenched fists?
12. How does fear (of missing out or losing out) shape our decisions?

Personal Reflection

13. Where is your treasure currently going? What might that reveal about where your heart is going?

14. Where is your attention going most often? What captures your thoughts and focus?

15. Who are you most consistently obeying—God, fear, comfort, or security?

Closing Scripture

Read Proverbs 4:23 (NLT)

Final Question

16. What is one intentional step you can take this week to guard your heart and redirect it toward God?