

# Friendology

## Part 1: Image Is Everything

In the very beginning, before sin ever entered the world, God identified a problem: “It is not good for man to be alone.” This week we talked about why true friendship matters and how we can be intentional about it.

### Discussion Questions

#### 1. Isolation and Loneliness

- What factors do you think have contributed most to the epidemic of loneliness in our culture today?
- How have technology, social media, or even AI changed the way people try to feel connected?

#### 2. Personal Reflection

- A recent study showed that over the past 50 years, people increasingly feel isolated, invisible, and insignificant.
  - Do any of those three words resonate with you personally right now?
  - If so, which one—and why?

#### 3. Scripture Insight

- Read John 15:12–13 together.
  - What stands out to you from Jesus’ words in this passage?
  - Does someone come to mind when you think of a “lay down your life” kind of friend? Why?

#### 4. Imago Dei (Image of God)

- Since we are created in the image of a relational God (Father, Son, Holy Spirit), how does that truth shape the way you think about building friendships?
- Where do you see yourself resisting vulnerability even though you know you were made for community?

#### 5. Taking Initiative

- Would you say you are intentional about cultivating meaningful friendships? Why or why not?
- What is one step you could take this week to grow one of your friendships (or start a new one)?

### Key Takeaway

You were created for community. True friendships don’t happen by accident—they happen by choice.