

WINTER  
2020

## Middle School

WEEKLY CUES

YOU GOT  
THIS!

### Theme

# Trending: Words

#### THINK ABOUT THIS:

*Trending* is a series of standalone messages that covers relevant and important topics in the life of your middle schooler. In this week's *Trending* message, we're covering the importance of seeing the impact and power of our words. A conversation like this can be tricky for middle schoolers. While they may understand the difference between "good" and "bad" words, recognizing the intent and impact behind their words requires self-awareness and reflection that they're still developing.

### Week One

**James 3:5-6; Psalm 141:3**

Pay attention to the power of your words.

#### REMEMBER THIS

"Take control of what I say,  
O Lord, and guard my lips."

Psalm 141:3, NLT

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# Middle School

## DAILY CUES

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### Morning Time

To make sure you're modeling what it looks like to understand the power of your words, take time to reflect on the words you've chosen lately. Look at your last ten texts, read a few emails you've sent, consider the last conversations you've had. Do the words you've used recently reflect an understanding of the impact of what you say?

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### Drive Time

Ask your kid to share some words that people in their lives have spoken to them recently. What do their friends say? Their teachers? Their coaches? Their Small Group Leaders? Pay attention to the words that they remember as it will give you a clue as to whose words are making a positive or negative impact on them in this phase.



### Meal Time

It's not always what you say; it's how you say it. To help your kid understand this, practice saying the same phrase over and over in different tones. Say it excited, say it angry, say it frustrated, say it sad. As you do this, talk about the way your tone changes the impact of the words you're saying.

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### Bed Time

Let your kid talk to you about the words you use with them. Ask them, "Which words do you love to hear me say? And which words do you hate to hear me say?" Take note of their answers and try to change the way you use your words with them to reflect what they shared with you.