

# The Blessing

## PART 1: RECEIVING SOMETHING THAT COULD CHANGE EVERYTHING

### INTRODUCTION

We all want affirmation from our parents. Some of us received it and some of us didn't. But we often go looking for it in all the wrong places. Receiving a blessing from our Heavenly Father could change everything.

### DISCUSSION QUESTIONS

1. What's your most memorable family vacation from growing up?
2. We often find our identity in what our parents communicate to us, about us. In general, did your parents help you develop a positive or negative view of yourself?
3. How did your parents directly, or indirectly shape how you see yourself?
4. What do you wish you had heard from your parents? How would this have changed what you think about who you are?
5. Read John 1:12-13. Being the child of a perfect Heavenly Father has some perks. What difference has it made in your life, knowing you are the son/daughter of God?
6. If you were to "stop striving for the blessing from your earthly father and start living from the blessing of your Heavenly Father," what would this look like in your life practically?
7. You're not the only one who will benefit from living from the blessing. Who in your life could you pass a blessing to?

### MOVING FORWARD

Whether or not we received the blessing from our earthly father, we can receive it from our Heavenly Father. He is ready to tell us how much he loves us and how pleased he is. If we're willing to receive, we can stop striving for, and start living from the blessing...and that could make all the difference.

### WEEKLY READING

Read John 1:12-13. Think about what it means to be a child of God. Take a few moments to write down what is different about you because of your Heavenly Father. Start with, "Because I am a child of God..."