



PART ONE: WHOLEHEARTED

Introduction

Our culture is emerging from a season of uncertainty, fear, and division. Many of us are exhausted. And as we look ahead, things don't appear any more certain. From foreign wars to roller-coaster economics, we have much cause for concern. What would it be like to face the storms of life with confidence instead of anxiety? How do some people seem to feel courage when the rest of us are afraid?

Discussion Questions

1. Have you ever been in a situation where you felt like you were just getting knocked back down over and over again?
2. For those who haven't heard the story, have someone in the group summarize the story of Joshua, Caleb, and the other ten spies from Numbers 13.
3. "Love the LORD your God with all your heart and with all your soul and with all your strength." This is the very first command God gave to Israel, ever. What does it mean to love God wholeheartedly?
4. How were Joshua and Caleb different from the other ten spies?
5. Why do you suppose the people of Israel wouldn't listen to Caleb & Joshua?
6. How do you maintain courage in the face of disCOURAGEMENT?
7. What discourages you? How can you shut it down?

CHANGING YOUR MIND

"Have I not commanded you? Be strong and courageous.

Do not be frightened, and

do not be dismayed, for

the LORD your God is with you wherever you go."

-Joshua 1:9 (ESV)