



**SEAN SEAY: TOP GUN**

## **Introduction**

Why am I here? It's one of the biggest questions we ask of our lives, and our answer has the potential to change everything. In this talk, discover the secret for figuring out what God wants you to do with your life. In the process, you'll find a principle that will bring meaning and enjoyment to whatever you do whether you believe in Jesus or not.

## **Discussion Questions**

### **Start Talking**

1. How many years did you spend in education? (Pre-K? College? Professional Development? Advanced Degree?)
2. How much time do you or your kids spend training for a sport, art, band, or event each week?
3. How many hours do you spend at the gym or working out each week?
4. What areas of your life do you need to train more in?
5. What areas of your life do you wish you had had more training? (Marriage, Parenting, Work, etc.)
6. How/why do we train? Why is it important?

### **Read This**

7. *Read 1 Timothy 4:7-11.* What stands out to you? What does this verse say is the benefit of training for godliness?
8. *Read Colossians 3:2.* Do you tend to focus more on the physical training in your life or the spiritual training?

“In simple terms spiritual training is becoming like Jesus. It's becoming like Jesus on the inside. If we're going to really make a choice to become more like Jesus, we have to believe the training is worth it.”

9. Do you believe the training is worth it?
10. Where have you seen that the training has been worth it in your life OR have you seen where more training would have been beneficial in your life?

## What Now

Seven Exercises to Become More Like Jesus:

1. SCRIPTURE  
Have you ever felt intimidated by reading by Scripture?  
How can we as a group encourage each other to read our Bibles and understand what it is saying to us?
2. PRAYER  
How often do you pray?  
Are you intimidated to pray in front of others?  
How can we as a group encourage each other to be people who pray?
3. COMMUNITY  
How has being in this group helped you train and grow?
4. SERVING  
Where do you serve (at church or in the community)?  
How has serving someone else without the expectation of anything in return impacted you?  
If you aren't serving anywhere, why not? What is keeping you from serving and how can we as a group help you?
5. GIVING  
What are some barriers or hesitations we have to tithing or giving?  
How have you been impacted by someone else's financial generosity towards you?
6. SHARING JESUS WITH OTHERS  
What keeps you from sharing Jesus with others?  
When was the last time you invited someone to come to church with you?
7. WORSHIP WITH OTHERS  
How did online service during covid or another season in your life affect your view of being together in person for church?  
What are some of the benefits you have experienced by being together in person to worship with others?

When you give to the things of God, you lay up treasure in heaven.

When you share Jesus with others, you help more people experience eternal life.

When you pray, you invite the powerful hand of God into matters of this life.

## CHANGING YOUR MIND

*No discipline seems pleasant at the time, but painful. Later on, however, it produces a harvest of righteousness and peace for those who have been trained by it.*

-Hebrews 12:11 (NIV)